



California State University, Fullerton

In collaboration with
Pacific Islander Health Partnership
'Āinahau O Kaleponi Hawaiian Civic Club

Nutrition and Physical Activity in Native Hawaiians and Pacific Islanders

'A`ohe hana nui ke alu `ia
(No work is too large when done by all)

Friday, June 3rd

1:00pm - 5:00pm

KHS199

Target Audience: Health Professionals, Health Educators, Public Health Professionals

PROGRAM INFORMATION

Agenda

- 1:00 - 1:15pm ~ Hula i Kaika (Hula!!!)
- 1:15 - 2:30pm ~ Community perspectives and stories on nutrition and physical activity (PA)
- 2:30- 3:30pm ~ Evidence-based research on nutrition and PA in Pacific Islanders
- 3:30-3:45pm ~ BREAK ("A Taste of the Islands")
- 3:45- 4:45pm ~ Group Discussion
- 4:45- 5:00pm ~ Report Back

Objectives

1. Understand the health disparities for nutrition and PA in Pacific Islanders
2. Identify the community's nutrition and PA challenges
3. Discuss the social determinants/cultural context for diet and PA in Pacific Islanders
4. Characterize dietary interventions in Pacific Islander populations
5. Familiarize the audience to Pacific Islander dietary intakes and needs

To Register, visit:

<https://canvphhc.sdsu.edu/Trainings/default.asp?ID=9753088169>

Event is FREE! Space is limited, register now! CHES CEUs ARE AVAILABLE!

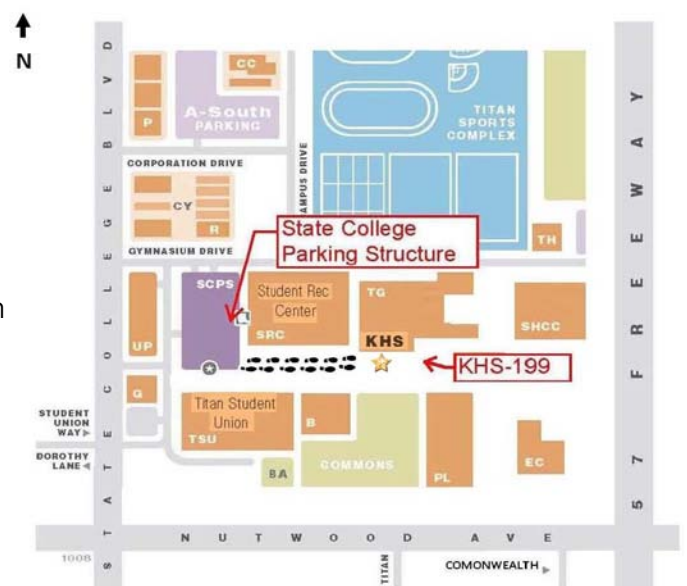
Directions to Campus:

Map not to scale

57 Freeway North, Exit Nutwood. Left at Nutwood, Right at State College, Right at Gymnasium Drive.

Please obtain a free parking permit at the Visitor Information Center on Arts Drive (off of State College Blvd). Park in the State College Parking Structure located on Gymnasium Drive. Please park in designated areas ONLY.

Event will take place in KHS 199



The Workshop is sponsored by
CA-NV Public Health Training Center
Co-Sponsors
CSUF Center for Cancer Disparities Research (CCDR)
Pacific Islander Health Partnership (PIHP)
UC Riverside

CONTACTS:

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